

# Clinical Use Perspectives & Future Direction of OCT



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# Disclosure Statement of Financial Interest

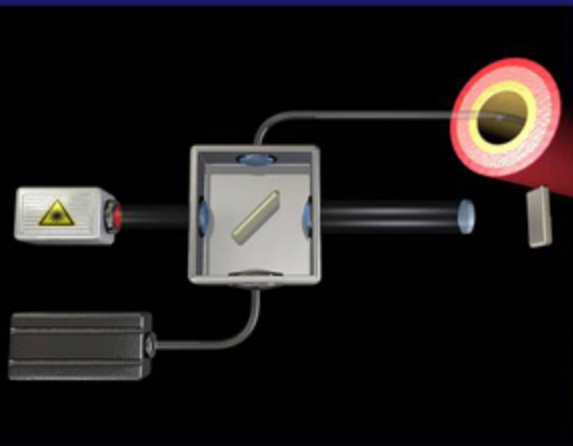
Within the past 12 months, I or my spouse/partner have had a financial interest/arrangement or affiliation with the organization(s) listed below.

## Affiliation/Financial Relationship

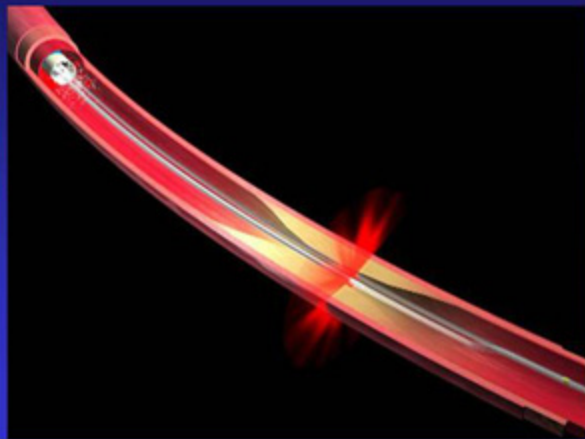
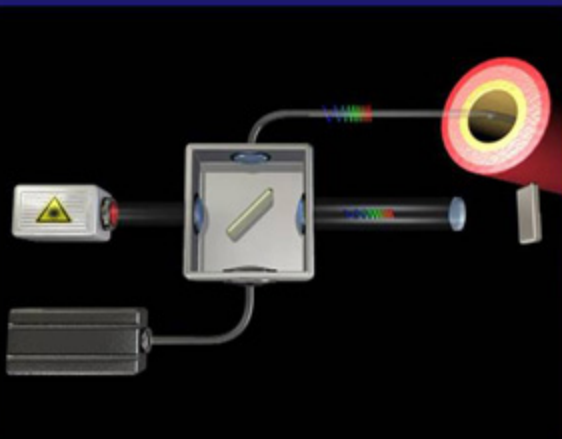
- Grant/Research Support : Abbott Vascular Japan  
Boston Scientific Japan  
Goodman Inc.  
Sent Jude Medical Japan  
Terumo Inc.
- Consulting Fees/Honoraria : Goodman Inc.  
GE Medical Healthcare  
Sent Jude Medical Japan  
Terumo Inc.



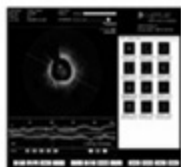
# Frequency Domain OCT (OFDI)



# Frequency Domain OCT (OFDI)



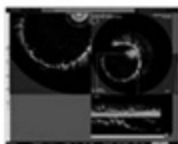
# Recently available OCT systems



(A)



**LightLab/  
St. Jude**



(B)



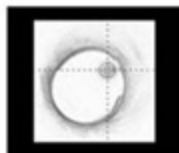
**Terumo**



(C)



**Volcano**



(D)



**MGH**



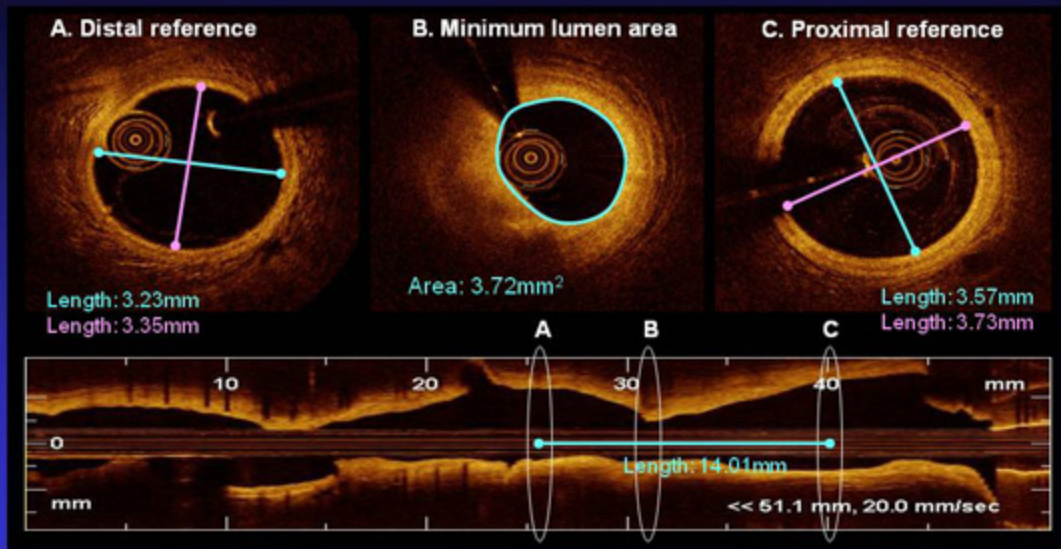
# Comparison between SJM & Terumo FD-OCT

## SJM FD-OCT    Terumo FD-OCT

Frame Rate	100 fps	<u>30 fps - 160 fps</u>
Pullback Speed	20 mm/s	<u>0.5 - 40 mm/sec</u>
A lines/frame	450	<u>512</u>
Scan diameter (in saline)	8 mm	<u>10 mm</u>
Lateral Resolution @ Z = 2.5 mm	20-30 $\mu\text{m}$	20-30 $\mu\text{m}$
Axial Resolution	10-20 $\mu\text{m}$	10-20 $\mu\text{m}$
Imaging Window Profile (Catheter)	2.5 Fr	2.4 Fr (0.80 mm)

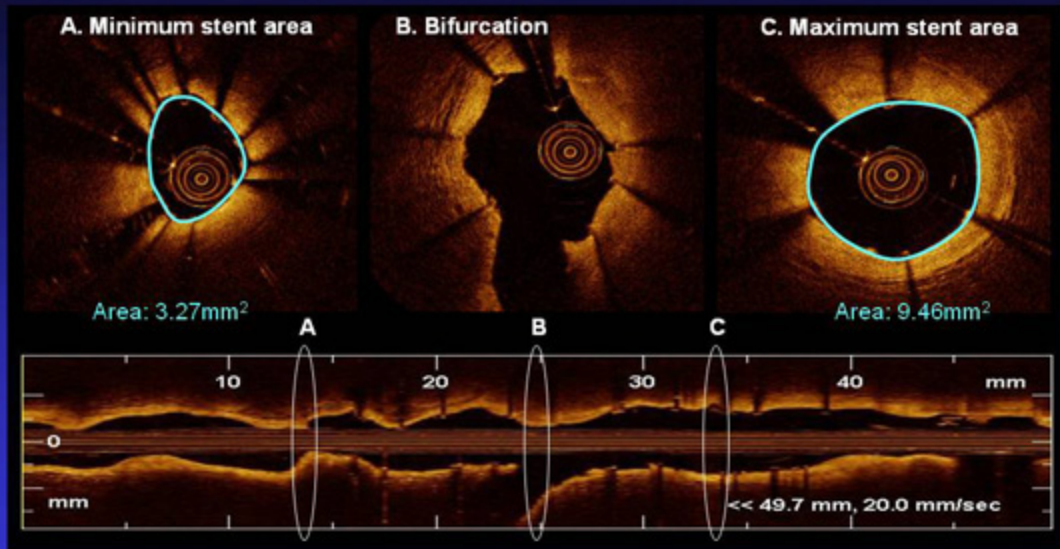


# FD-OCT measurements at pre-intervention



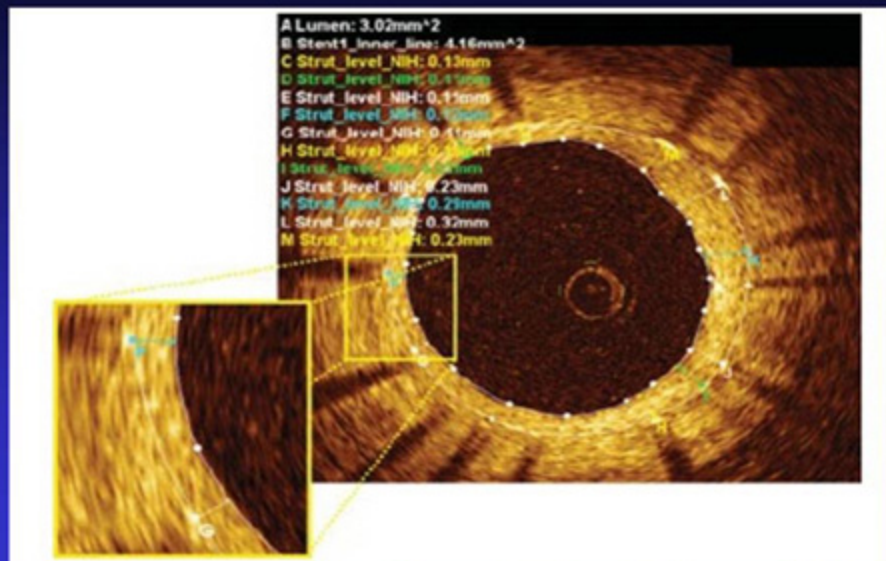


# FD-OCT measurements at post-stenting





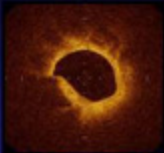
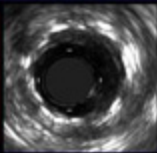
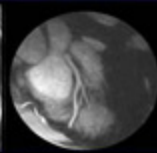
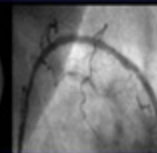
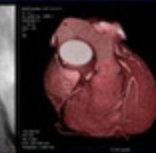
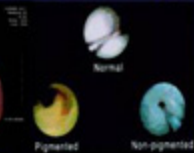
# Quantitative Analysis by OCT



Automatic measurements of lumen, stent, neointima, and ISA areas.



# Comparison among coronary imaging techniques

	OCT	IVUS	MRI	CAG	MDCT	Angioscopy
						
<b>Resolution</b>	10 – 15	80 – 120	80 – 300	100-200	300	<200
<b>Probe Size</b>	140	700	1000	N/A	N/A	800
<b>Contact</b>	No	Yes	No	No	No	No
<b>Ionizing Radiation</b>	No	No	No	Yes	Yes	No
<b>Imaging Target</b>	Layer	Layer	Density	Blood Flow	Density	Surface
<b>Other</b>	Tissue Characterization	N/A	N/A	Flow Only	CT number	Surface Only

**Advantages of OCT are its high resolution and accuracy of tissue characterization.**

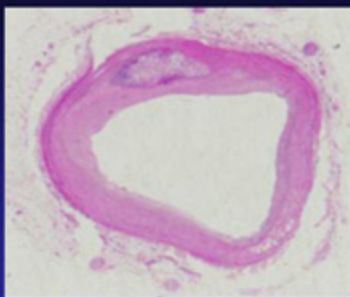


# OCT vs histology

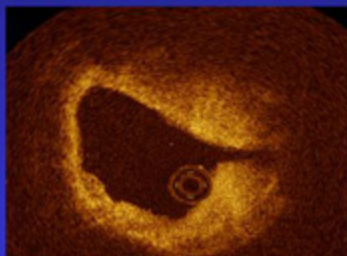
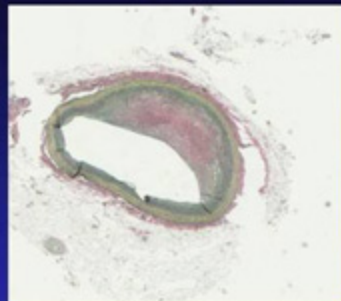
Fibrous plaque



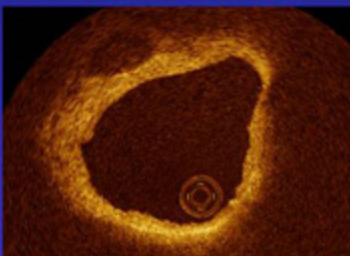
Fibro-calcific plaque



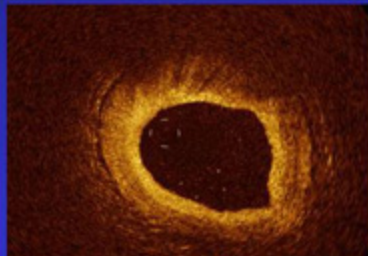
Fibro-lipidic plaque



Signal rich, homogenous



Signal poor, clear border



Signal poor, diffuse border

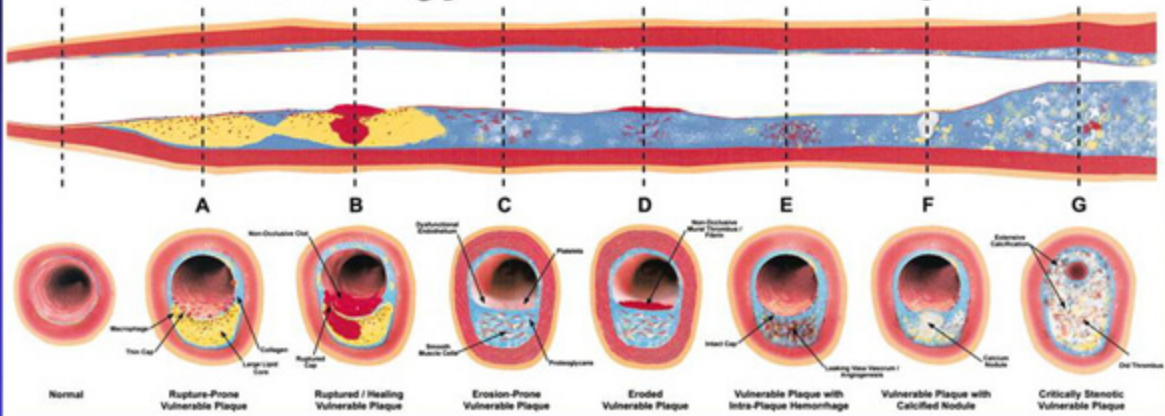
Yabushita H, et al. *Circulation*, 106:1640-1645, 2002

Kume T, et al. *Am J Cardiol* 97: 1172 - 75, 2006

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# Progression of atherosclerotic plaque

## Different Types of Vulnerable Plaque



(Naghavi M, et al. *Circulation* 2003;108:1664-1672)





# Progression of atherosclerosis & corresponding OCT Images

A

Normal



B

Intimal thickening



C

Early plaque formation with neovascularization



D

Fibrous cap atheroma



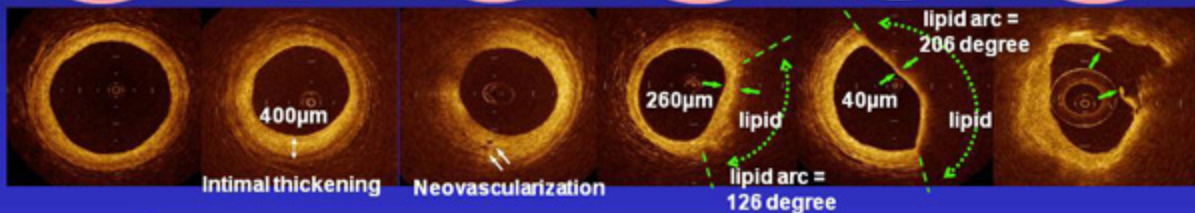
E

Thin-cap fibroatheroma



F

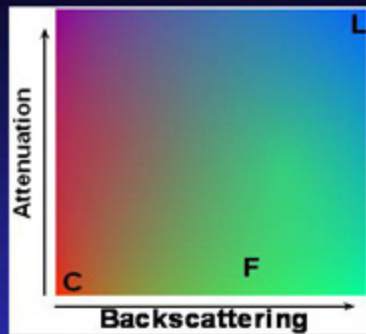
Plaque rupture



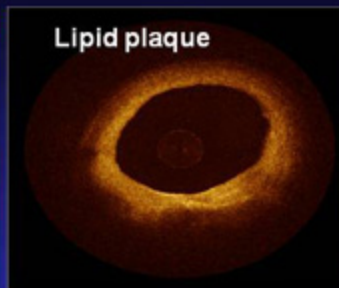
- Extracellular lipid
- Macrophage form cells
- Smooth muscle cells
- Neovascular vessel

- Necrotic core
- Calcified plaque
- Thrombus
- Collagen

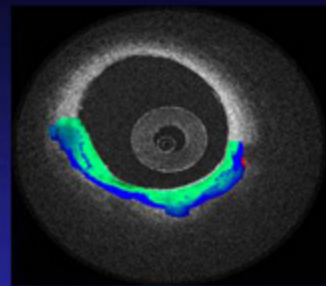
# Colormap for combining backscattering and attenuation



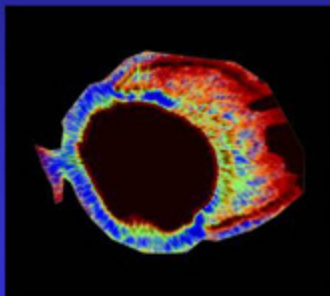
Colormap for combining backscattering & attenuation



Lipid plaque



Calcium plaque





# Red & white thrombus

Red thrombus



Protrusion mass  
with shadow

White thrombus



Protrusion mass  
without shadow

Mixed thrombus



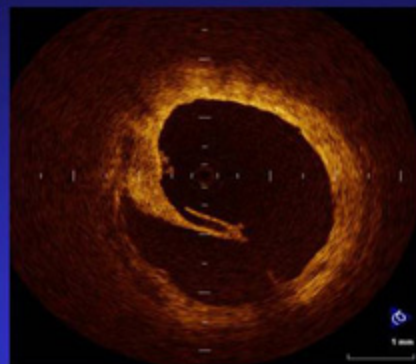
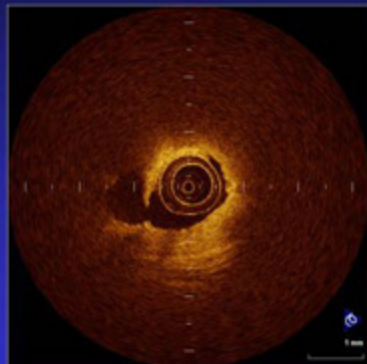
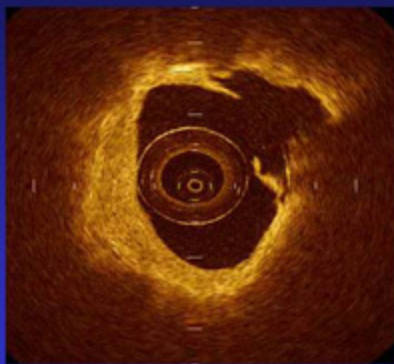
Protrusion mass  
with & without shadow

Kume T, Akasaka T, et al ( Am J Cardiol 97:1713-1717, 2006 )

Kubo T, Akasaka T, et al. ( J Am Coll Cardiol 50:933-939,2007)

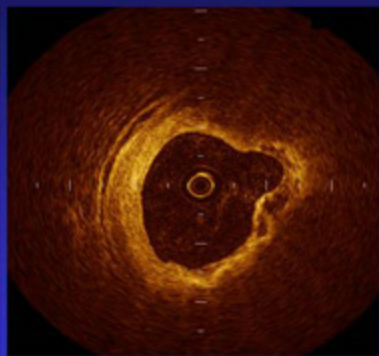
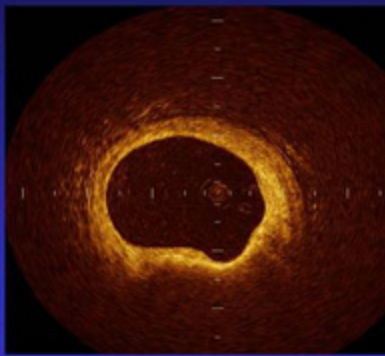
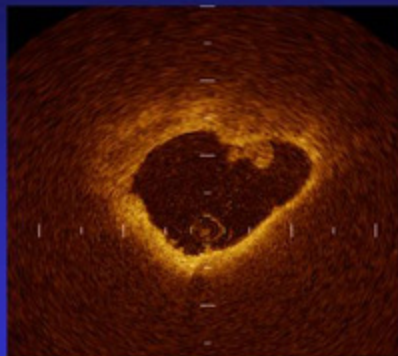


# Plaque rupture (Plaque disruption)



# Plaque ulceration

## Erosion



# Comparison of plaque Images in AMI (OCT vs. CAS vs. IVUS) n=30

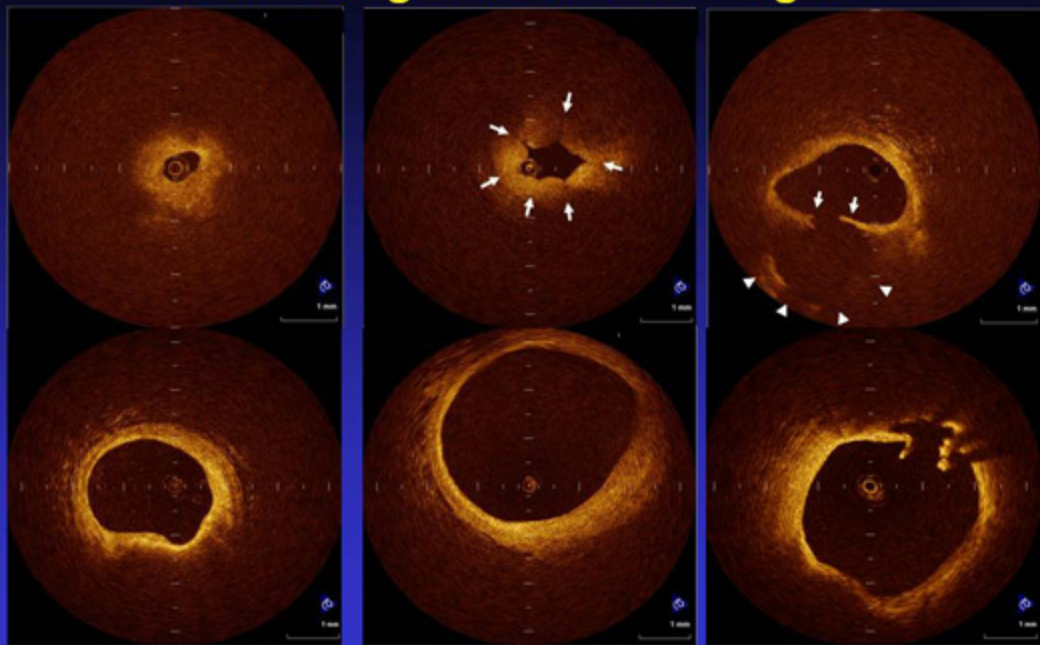
(Kubo T, Akasaka T, et al. J Am Coll Cardiol 50:933-939,2007)

	OCT	*CAS	**IVUS	*p	**p
Plaque Rupture (%)	73	47	40	0.035	0.009
Ulceration (erosion) (%)	23	3	0	0.022	0.005
Thrombus (%)	100	100	33	1.000	<0.001
Red thrombus (%)	100	90	-	0.076	-
White thrombus (%)	100	93	-	0.150	-
TCFA ( $\leq 65\mu\text{m}$ ) (%)	83	-	-	-	-
Fibrous cap thickness ( $\mu\text{m}$ )	49 $\pm$ 21	-	-	-	-
LRP (Lipid Arch $> 180^\circ$ ) (%)	83	-	67	-	NS

TCFA; Thin Cap Fibro-Atheroma, LRP; Lipid Rich Plaque



## OCT findings in unstable angina



Class I

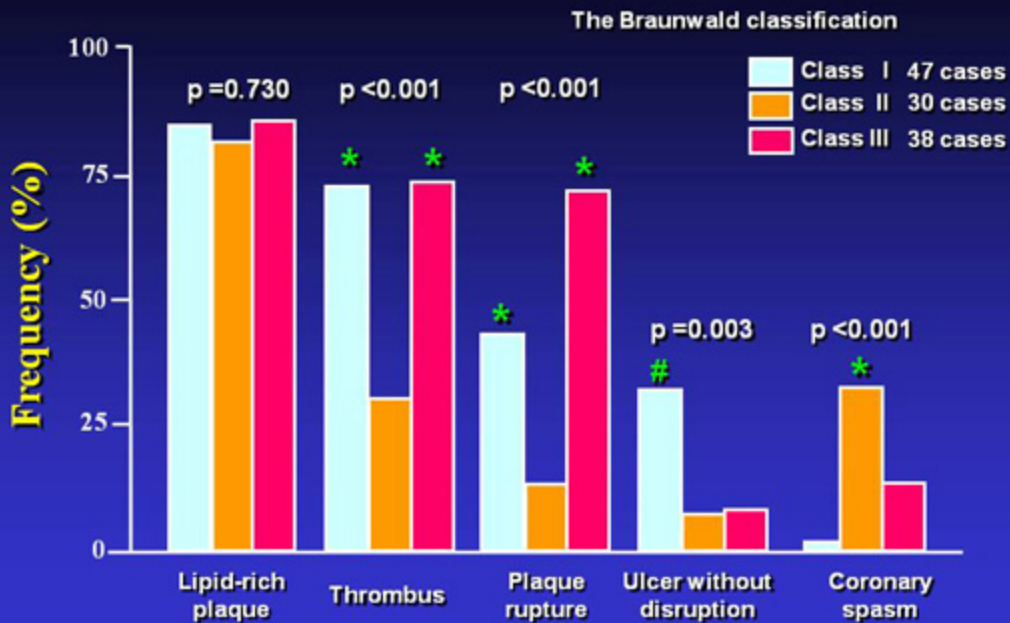
Class II

Class III



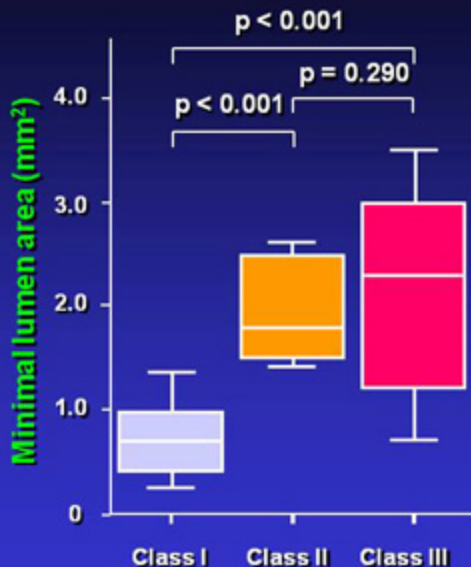
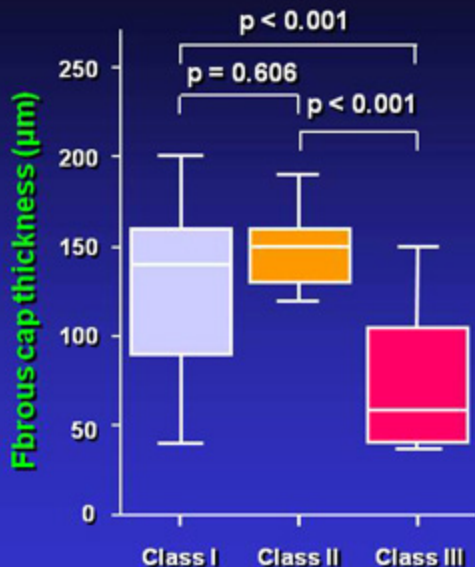


# OCT findings in 115 cases with unstable AP





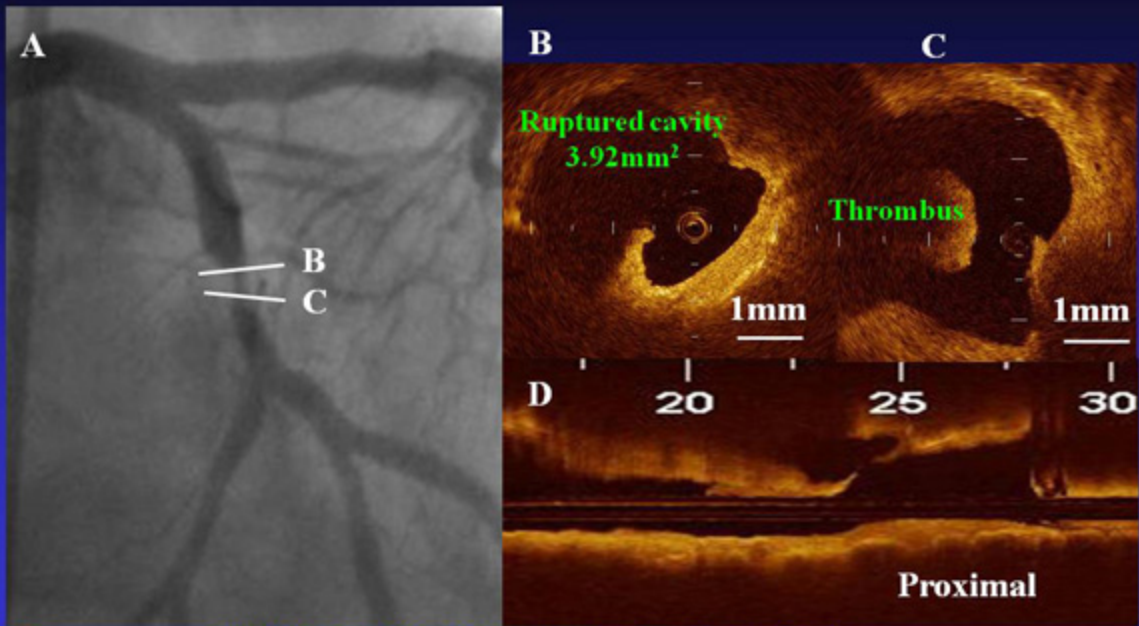
## Clinical manifestation & Fibrous cap thickness, MLA of the culprit lesion



**Braunwald classification**

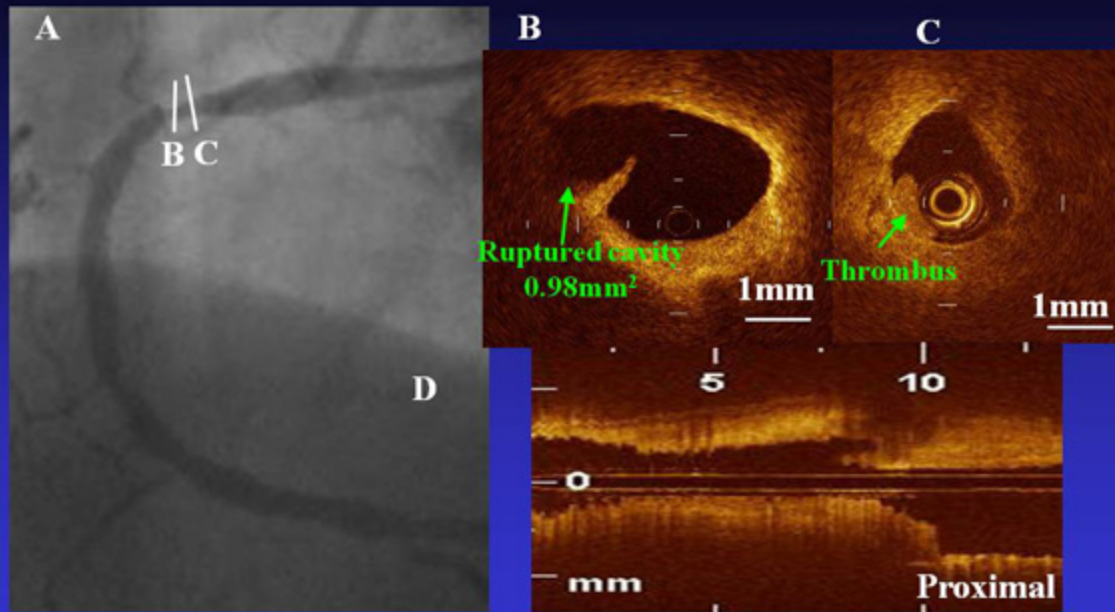


# OCT Findings of Ruptured Plaque in STEMI



(Ino Y, et al. JACC Cardiovasc Interv. 2011;4:76-82)

# OCT Findings of Ruptured Plaque in NSTEMI (UAP)



(Ino Y, et al. JACC Cardiovasc Interv. 2011;4:76-82)

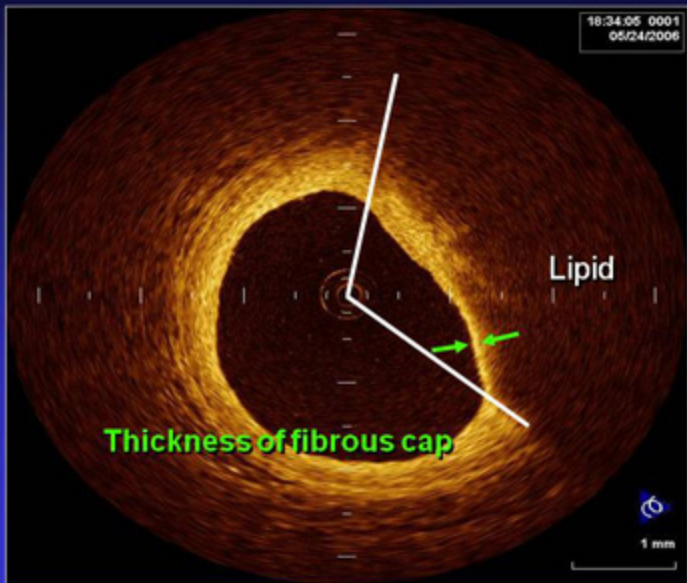
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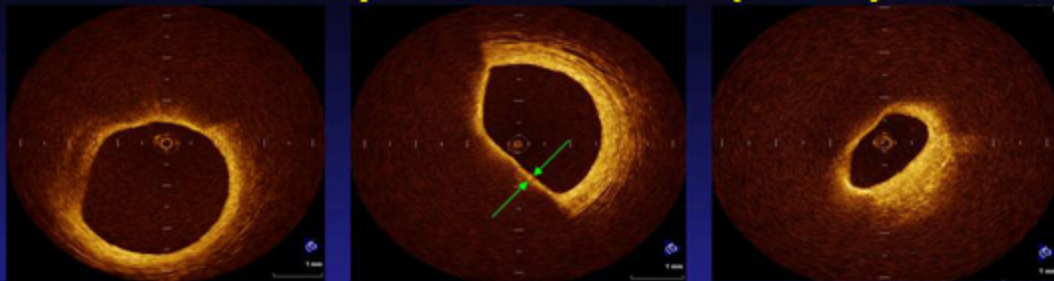
# Thin-capped Fibroatheroma (TCFA)

The TCFA was defined as a plaque with lipid content in more than 2 quadrants and the thinnest part of a fibrous cap measuring less than 65  $\mu\text{m}$  by histology.

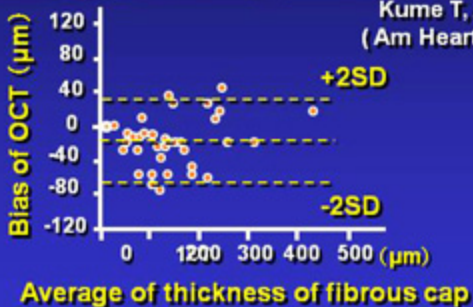
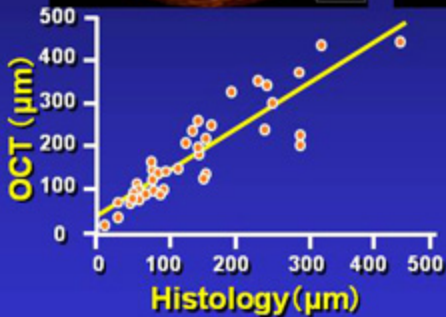
The cap thickness is measured from the surface of the lumen to the portion just starting the attenuation



# Thin-cap fibroatheroma (TCFA)



Kume T, Akasaka T, et al  
(Am Heart J.152:755, 2006)



TCFA is thought to be vulnerable based on histological studies, and possibility to identify TCFA has been demonstrated by several pilot OCT studies.

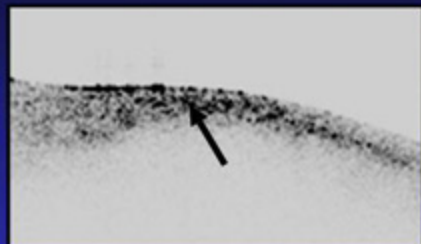
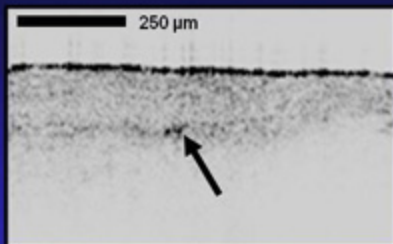


# OCT findings of macrophages

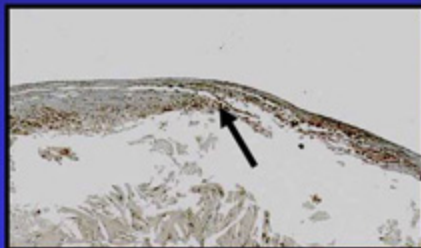
Low M $\phi$

High M $\phi$

OCT

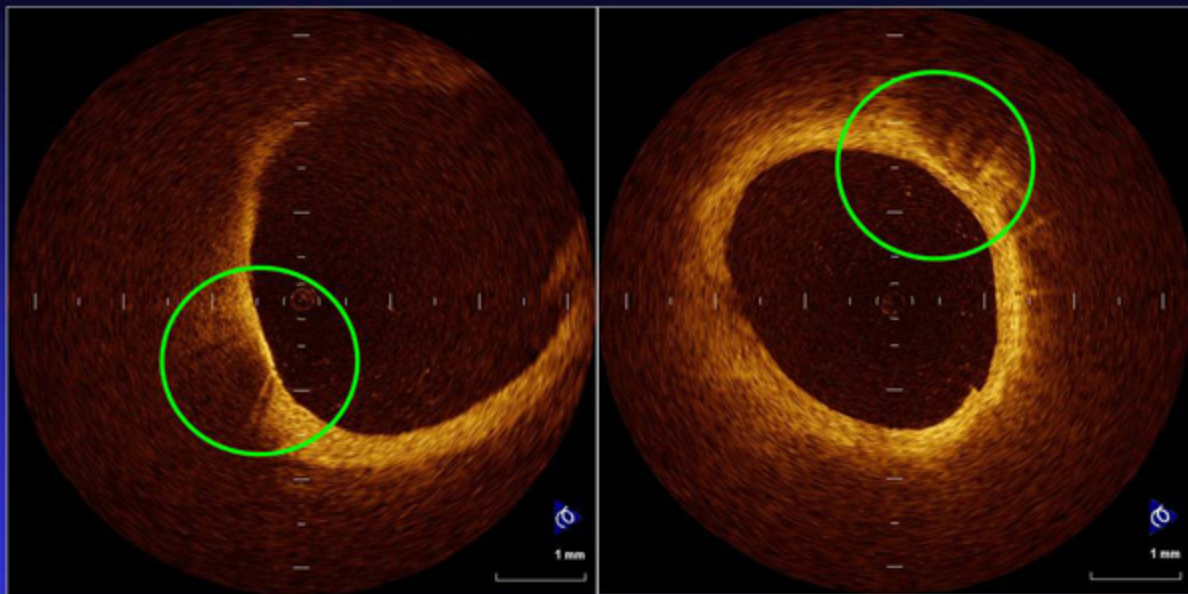


CD68  
(macrophage)





## Identification of macrophage



Extremely high signal with rapid attenuation on the surface of the vessel wall or within fibrous tissue might demonstrate macrophage accumulation.



# $\mu$ OCT

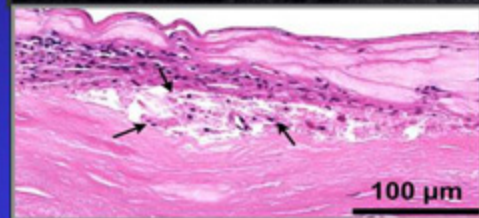
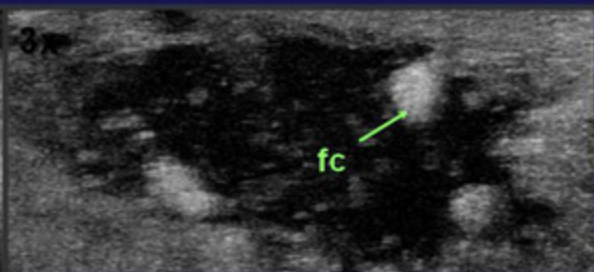
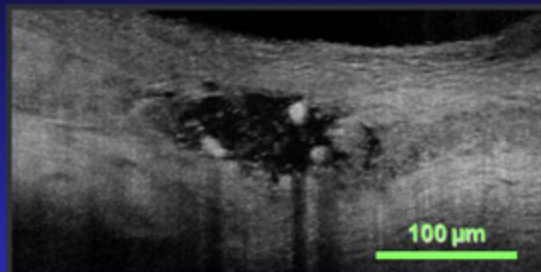
- Cross-sectional imaging technology with order of magnitude resolution improvement compared to OCT

	Resolution ( $\mu\text{m}$ )		
	x	y	z
IVUS	250	250	100
Present OCT	30	30	10
$\mu$ OCT	< 2	< 2	< 1



# $\mu$ OCT

## Macrophages

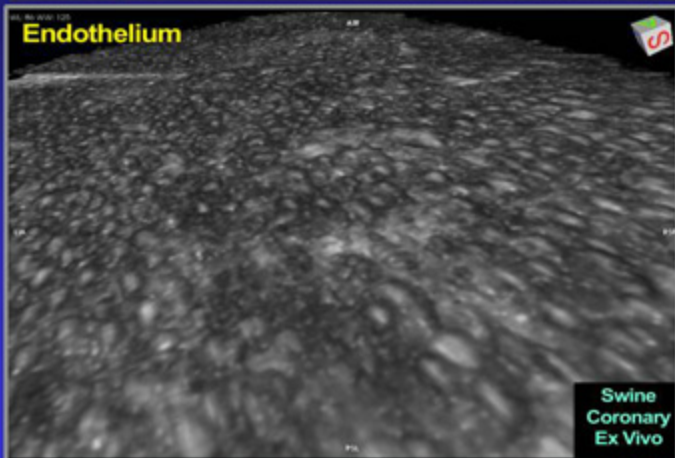
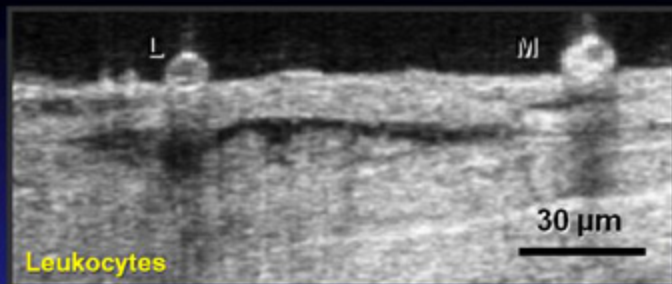


Courtesy by Prof. Tearney G

*Wakayama Medical University*



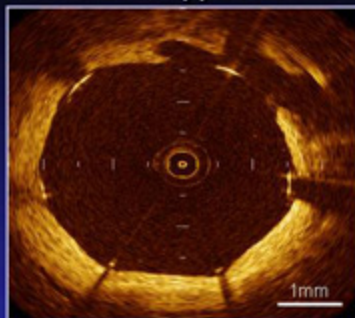
# $\mu$ OCT



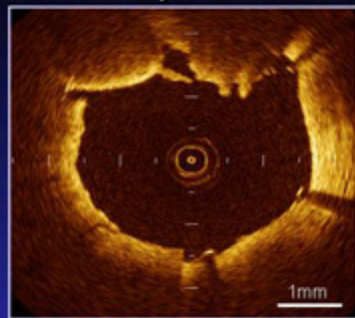
Courtesy by  
Prof. Tearney G



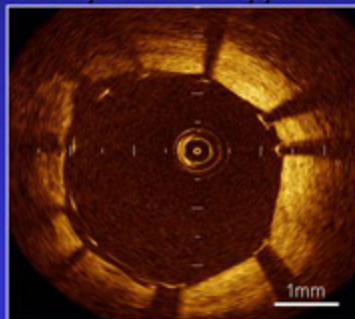
*Stent malapposition*



*Tissue protrusion*



*Incomplete stent apposition*

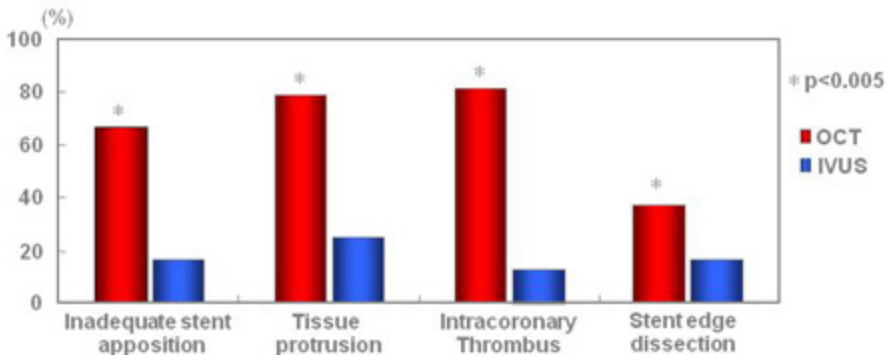


*Stent edge dissection*



# Comparison of the ability for monitoring stent deployment between OCT and IVUS

55 patients were examined by OCT and IVUS to evaluate lesion morphologies after stent implantation.

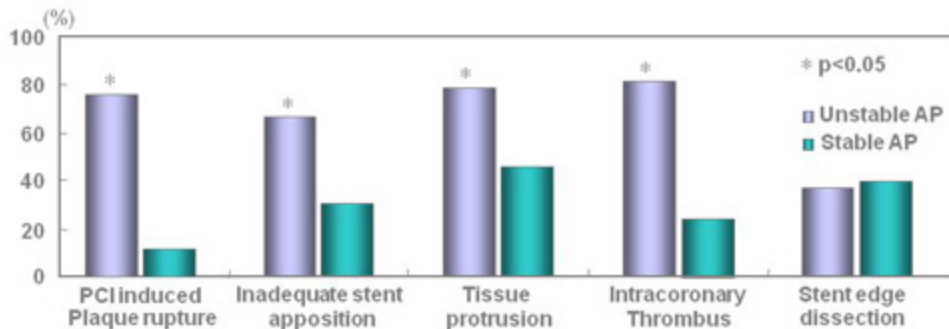


**Conclusion: OCT can provide more detailed morphological information after stenting than IVUS.**



# Vascular response after stent implantation between unstable and stable AP

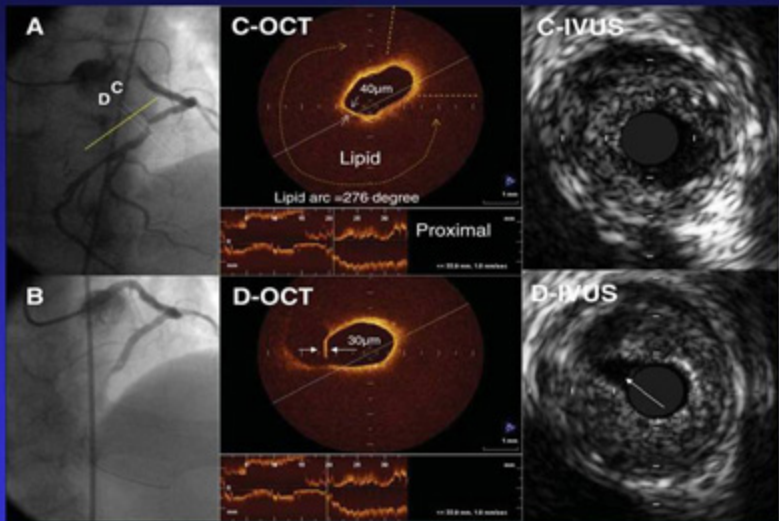
24 unstable and 31 stable AP patients were examined by OCT to evaluate lesion morphologies after stent implantation.



**Conclusion: The inadequate lesion morphologies after stenting were observed more frequently in unstable AP patients.**



# Pre-intervention OCT images of the culprit lesion in a case with no-reflow after PCI



Tanaka, Kubo et al, *Eur Heart J.* 2009;30:1348-55.



## Comparison of baseline lesion morphologies between patients with reflow and no-reflow after PCI

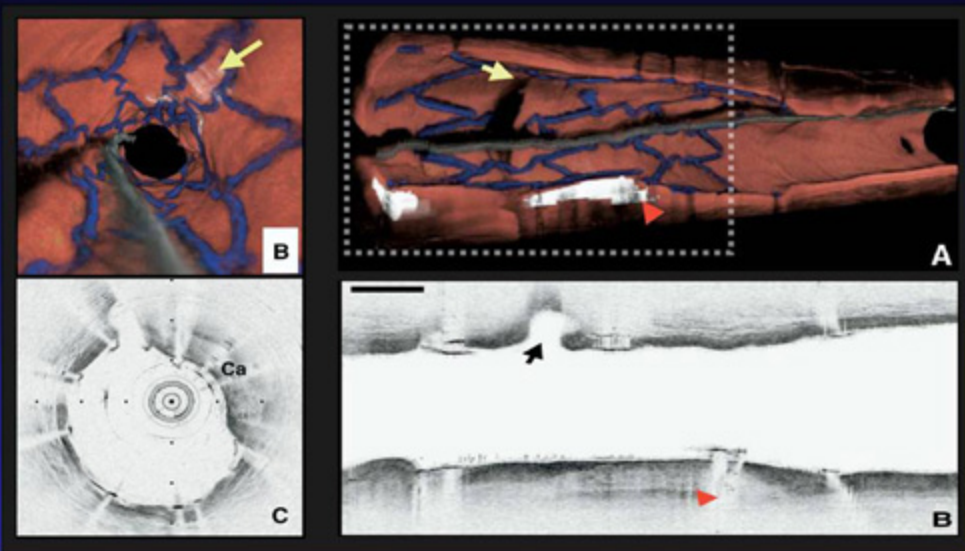
83 ACS patients were examined by OCT to investigate whether OCT could predict no-reflow after PCI.

	No-reflow n=14	Reflow n=69	p-Value
Plaque rupture, %	71	48	0.053
Thrombus, %	79	80	0.567
TCFA, %	50	16	0.034
Lipid-arc, degree*	166	44	0.012

**Conclusion:** TCFA were more often observed in the no-reflow group than in the reflow group. The frequency of the no-reflow phenomenon increases according to the size of the lipid arc in the culprit plaque.



# 3D FD-OCT imaging



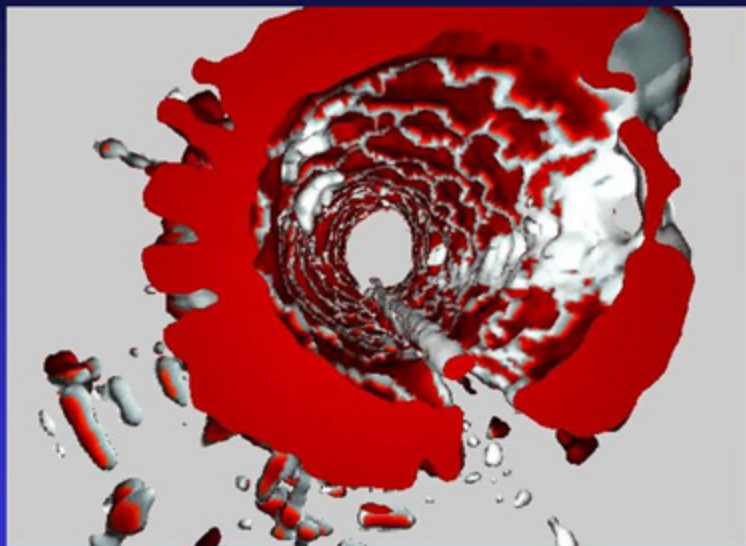
3D reconstruction should be useful to identify inconsistent strut distribution correctly. When this technology is fully exploited, OCT may be a powerful clinical tool for guiding coronary intervention.

Tearney et al, *JACC Imaging* 2008;1:752-61

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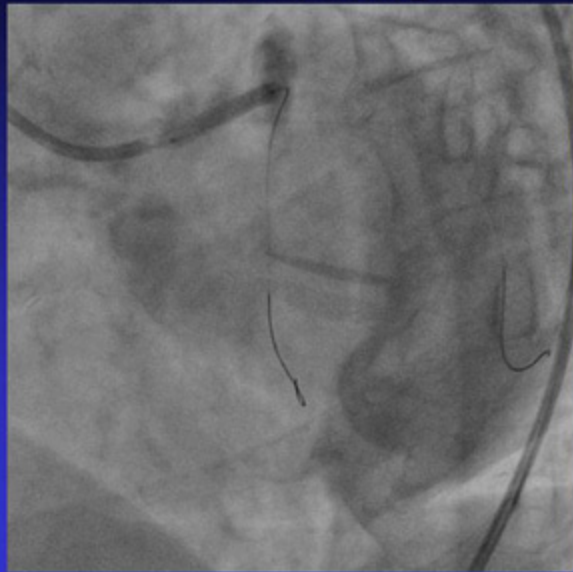
## Inconsistent stent strut distribution



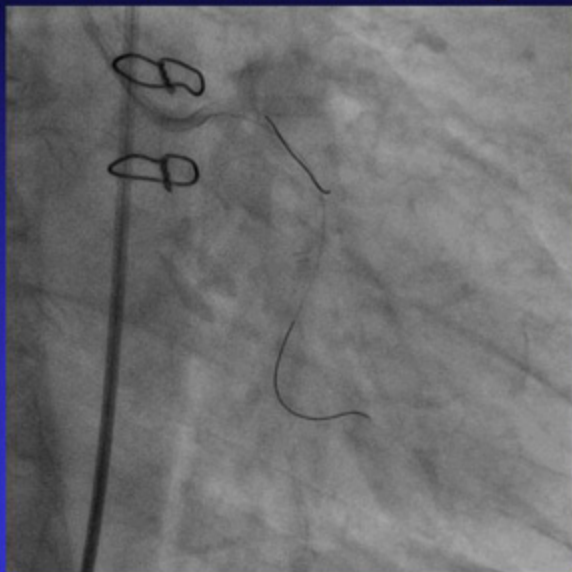


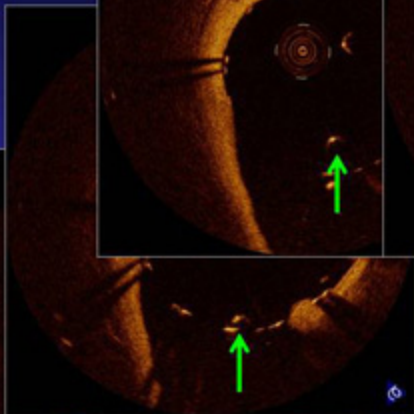
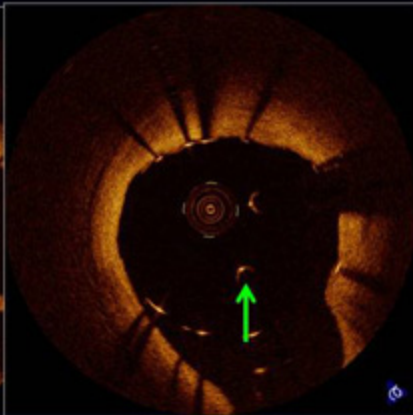
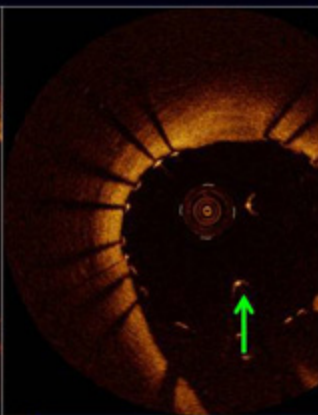
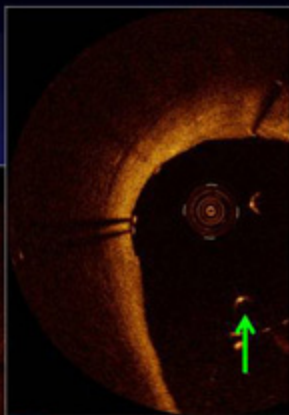
# Bifurcation PCI

Post stenting



Recross after stenting

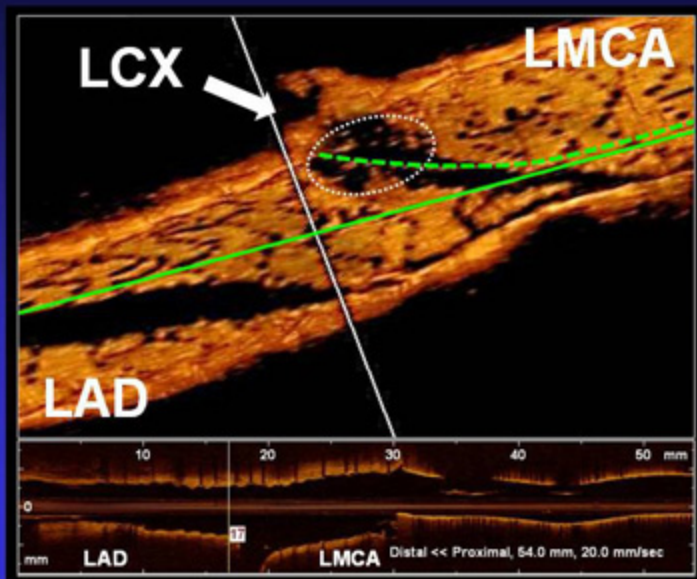




## Bifurcation PCI

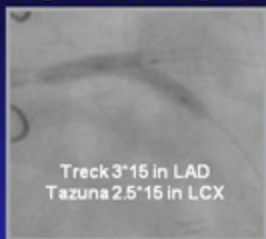
Wire recross after stenting

# Re-wiring through stent struts into jailed LCX

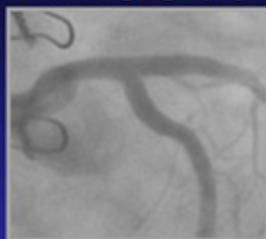


# OCT pullback from LAD to LMCA after KBT

Kissing balloon angioplasty



Final angiography

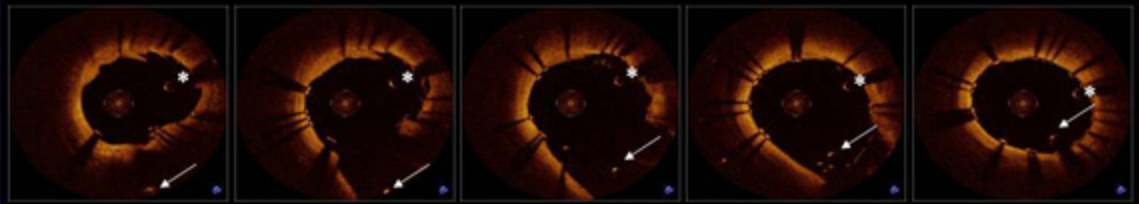


## OCT pullback from LAD to LMCA

*Distal*



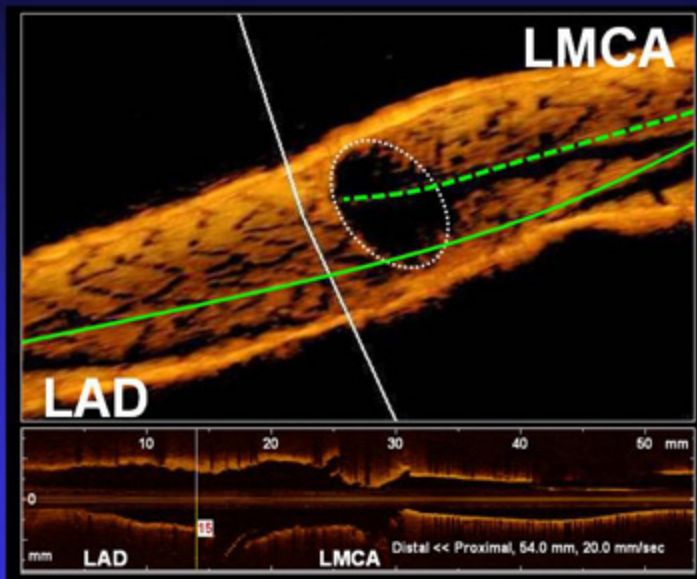
*Proximal*



\* = guidewire in LAD; Arrow = guidewire in LCX

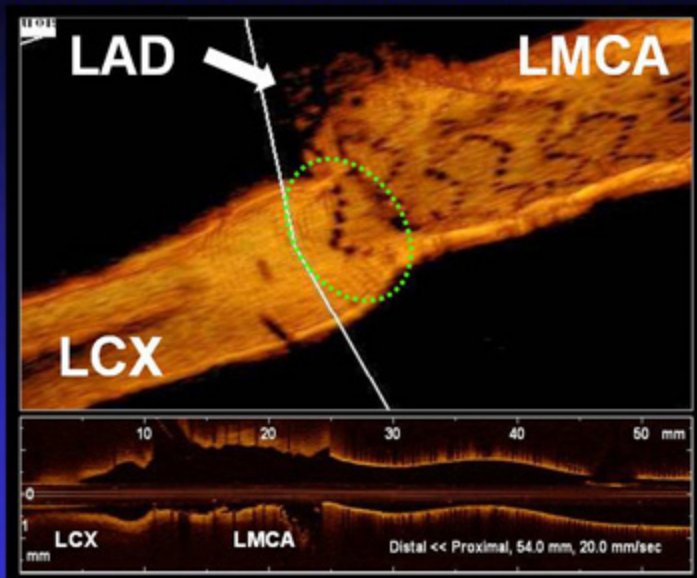


# OCT pullback from LAD to LMCA after KBT





## OCT pullback from LCX to LMCA after KBT

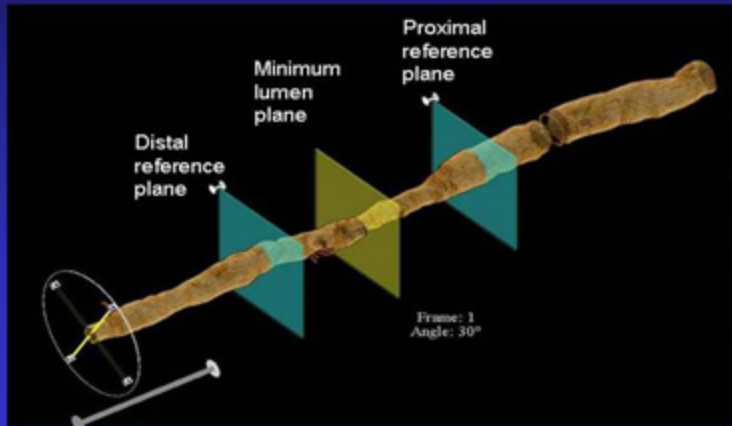
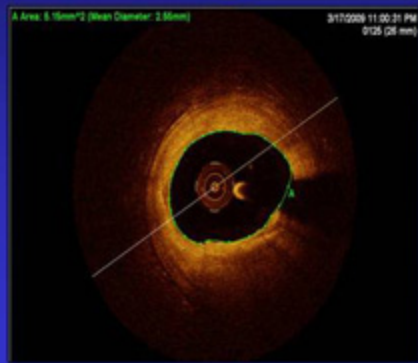


Mechanism of SAT and the restenosis could be demonstrated in bifurcation site by 3-D OCT analysis.



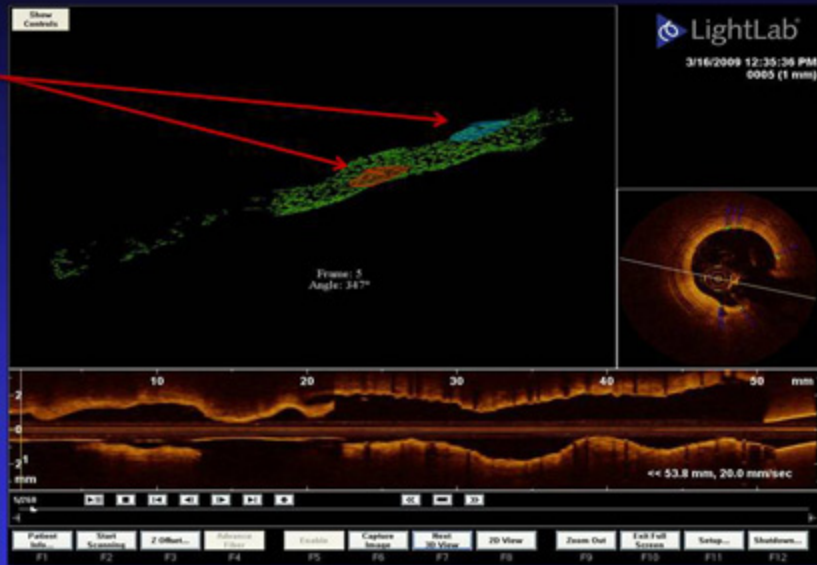
# Real-time 3D Lumen Morphology

*Fully automated 3D lumen contours for clearer visualization, with automatic calculation of vessel dimensions*



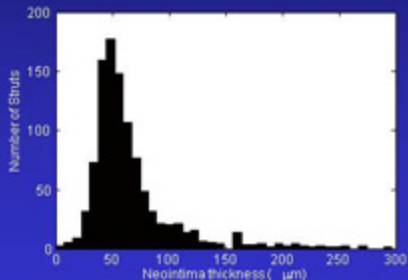
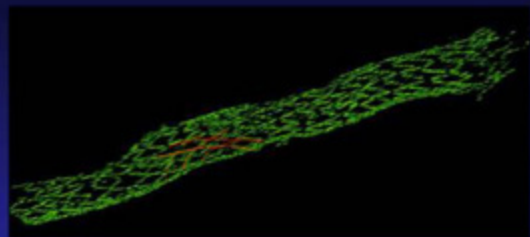
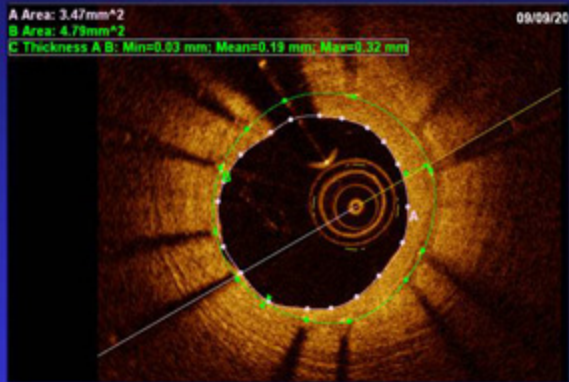
# Auto Stent Malapposition

*Location and degree of malapposition appear as color-encoded volumes.*



# Auto Stent Coverage

*Automated segmentation of buried struts and measurement of coverage for follow-up assessment*



## Conclusions

- Tissue characterization would become much easier by developing color coded representation.
- Much more higher resolution images up to 1  $\mu\text{m}$  could be expected after development of micro-OCT.
- 3-dimensional display may allow us to understand complex anatomy in detail and lead us complete PCI.

**Further development of OCT may play important roles in the assessment of pathophysiology of atherosclerosis in vivo in human and lead us to new therapeutic strategies.**

